

Kindergarten e-Learning Choices Please pick one from each column for a total of 4-5 activities.

READING	WRITING	МАТН	BRAIN BREAKS	ART, GYM, SCIENCE
Read a favorite story from home, then draw a picture and write about your favorite part. Read a nonfiction book. True stories are called nonfiction. Write 3 facts you learned from your book. Draw a picture for someone special. Write a compliment on your picture. Practice writing kindergarten sight words. Sight words can be found on the e-Learning page on our website. Read to self. Find a cozy spot and read for 15 minutes. Tell three ways to read a book. Create your own reading activity!	Make a mini-book and read it to someone. Make a list. Write/make a card and mail it to someone you love. Practice writing words that rhyme with pan, hot, and hit. Use post-its to label items in your home. Write at least one sentence about what the weather is like outside. Create your own writing activity!	Do a shape hunt around your house. See if you can find 5 circles, 4 squares, 3 rectangles, 2 triangles, and 1 oval. Write and show your kindergarten numbers 1-31. Use coins, pictures, Legos, etc. Put together puzzles. Play a board game or a card game. Use a ruler or tape measure to measure things around your house. Create addition and subtraction stories using items around your house. Create your own math activity!	 Do: 10 jumping jacks 10 frog hops 10 sit ups 10 push-ups 10 hops on 1 leg 10 sec. Crab crawl 10 burpees 10 lunges 10 hops Help make a snack. Help set the table. Brain Break Links: Cosmic Yoga- Going on a Bear Hunt The Floor is Hot Cocoa 	Go outside and build a fort, go sledding, make a snowman, shovel the driveway, have a snowball fight. Do a random act of kindness for everyone in your family. Build a fort inside with blankets or outside in snow. In your fort, read a fiction and non-fiction book and discuss with someone. Or, create and act out your own story. Draw a picture of the fort or something you did today. Sing a song you know together in your fort or make up a song about your fort. Or teach someone a song in your fort. Do 20 sit-ups, hold a plank for as long as you can. Have a dance party! Make an obstacle course for your family. Make your bed and sort socks. Create your own art, gym, or science activity!